

## Marine Rescue Port Macquarie

## Radio Club News

FEBRUARY 2025

## INSIDE THIS ISSUE

- Anchors Aweigh types and uses
- Catch more fish with Ned Kelly
- Cook that fish Another delicious recipe from Shane Dayball
- Our regular news and happenings.



#### WELCOME

Welcome to the January issue of Port Macquarie's Radio Club Newsletter.

With 2025 well under way, we hope all had an enjoyable break and rest from the daily grind. The weather was a bit of a mixed bag, but the fishing was very good and there were a lot of happy holiday makers.

The number of drowning tragedies and accidents over the holiday period reinforces the all-important message to take that extra care when enjoying the water.

We thank our PM members for their courtesy & cooperation during the busy times over the holiday period. See you next month.

Visit us: On the Web: https://www.marinerescueportmacquarie.com.au On Facebook: https://www.facebook.com/mrnswportmacquarie Or call in at the radio base: 2/15 Elliot Way, Port Macquarie Ph: 02 5547 9100 Email: radioclub.portmacquarie@marinerescuensw.com.au

to

#### Answer to December Quiz

It is suggested that the capacity (number of persons) of a vessel up to 6-8m can be calculated by "Taking the Length of a Vessel" in Feet – multiplied by Width in feet – divided by 15.

Consideration must be given to the weight of equipment & supplies then reducing the number of persons. The capacity is calculated on a person weighing approx. 75kg.

## Name that fish...



#### Marine Rescue Golf Day Results

The annual Marine Rescue Golf Fundraising Day was perfect weatherwise until the afternoon when the wind came up and more golf balls were going backwards on the tee!

We had a total of 230 players split into two tee offs seeing over 70 players in the morning and the rest in the afternoon.

I would like to take this opportunity to thank everyone involved in making the day a success especially those who helped before, during and after the day ie: all the volunteers who manned the tees and sold raffles, the BBQ cooks Lyn and Don who cooked 300 sausages over a period of 8 hours, Wayne Henderson, Judith Reichenbach and Jenny Nicholson in getting most of the donations and sponsors. Special thanks to Ray Angel and Len Smart for their help and of course Keith who helped me collect the money.

Thanks also go to all our PM members who played on the day. We hope you enjoyed it.

# Ned Kellys Tips & Tricks

## **Beach Fishing**

Beach fishing can be a very rewarding experience, particularly if you know how to read a beach to determine the most likely area for fish to hold. Generally after a big swell, beaches become featureless with little or no formations such as holes and gutters. It is difficult to find fish in this situation and it's usually best to wait for holes and gutters to reform to maximise your chances of catching a few fish.

Look for gutters that have a hole at either end and a channel of deeper water heading out to sea between sand bars. This is the ideal formation to find fish as they will use these formations as a 'highway' to move into a gutter close to the shore in search of food.

Generally, the bigger and deeper holes where there is a lack of white water don't hold a lot of fish. There are exceptions where at night when the tide is low, bigger predatory fish like Mulloway may lurk in these holes or if a school of bait fish is present in a hole, Tailor or Salmon might not be far away.

The most productive spots to fish for species like Bream, Whiting, Mulloway & Flathead is at the edge of sand flats where it drops into a hole or in a narrow gutter running parallel with the shore. This is where the water is more turbulent with white water and stirred up sand that acts both as cover and a food source.

Fish a making tide to maximise your catch. Fish the edges of holes and in gutters and as high tide approaches, fish on shallow sand flats. You will be surprised at how many fish can be caught at high tide in shallow water with breaking waves. Fish including larger models of Mulloway will move onto the flats in search of food such as beach worms. If you are targeting Tailor or Salmon with bait or metal lures, look for wider gutters where waves are breaking on a sand flat producing white water spilling into the gutter. Bait fish will be hiding in this area with predators not too far away. If you are targeting Flathead, the prime time to target them with bait, soft plastics or vibes is low tide. They will be lurking at the edge of drop offs and in gutters where there is some working water. Don't be afraid to fish shallow water as they can often be caught in water 30 to 60 cm in depth.

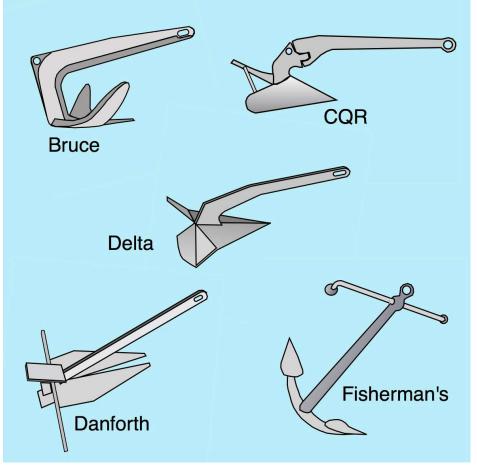


This picture shows what we consider to be the ideal formation on a beach with wider sand bars, holes with entrances from the ocean leading into the shore and a gutter parallel the beach acting as a 'fish highway'. Target beach formations like this one and you are a good chance of landing some nice fish.

Tight lines everyone



### Anchor Types and Uses



When it comes to boating, one of the most important pieces of equipment is the anchor. There are many different types of anchors available each with its own set of advantages and disadvantages. Knowing which anchor to use in different situations can make all the difference in the safety and enjoyment of a boating trip. Here are some of the key factors to consider:

#### Boat Size

The size of your boat is an essential factor to consider when choosing an anchor type. The size of your boat will

determine the weight of the anchor you need. A larger boat requires a heavier anchor to hold it securely in place. It is recommended that you choose an anchor that is at least 1-2 kg per metre of boat length.

#### Water Depth

The depth of the water is another crucial factor to consider when choosing an anchor type. The depth of the water will determine the length of the anchor rode you need. It is recommended that you use a minimum of 7:1 scope ratio, which means seven metres of anchor rode for every metre of water depth.

#### Seabed Composition

The composition of the seabed is also an essential factor to consider when choosing an anchor type. Different anchor types work better on different seabed compositions. For example, a plow anchor is best for sand and mud bottoms, while a fluke anchor is better for rocky or weedy bottoms.

Anchor Rode An anchor rode is a combination of anchor line and chain that connects the anchor to the boat. It is important to select the right anchor rode for the bottom conditions.

# Cooking the Catch

#### with Shane Dayball, Head Chef at the Westport Club.



## **Crispy skin Atlantic Salmon**

Dry and salt the skin of the salmon.

In a hot pan add olive oil and place the salmon skin side down. When nice and crispy turn over and cook for a couple more minutes. Ideally served medium to retain moisture and nutrients.

Cooked salmon colour will be an opaque pinkish white colour on the outside and translucent pink on the inside. If your fillet is still dark pink on the outside, it needs to cook more. If it has turned light, opaque pink on the inside it is overcooked.

Stir fry what ever vegetables you have on hand carrot, red capsicum, onion, Bok choy, broccoli, zucchini, some baby corn spears would be nice also.

Asian sauce, half cup sweet soy, half cup sweet chilli, 1 tablespoon freshly grated ginger, 1 teaspoon of ground cumin & coriander, a little splash of sesame oil, sesame seeds, and squeeze 1 fresh lime.

We love to garnish this dish with fresh coriander and mung bean sprouts. Some toasted cashews or

some crushed nuts would make a lovely addition.

Shane Dayball Head Chef THE WESTPORT CLUB 25 Buller Street, Port Macquarie

### Transfer of PM Radio Club Membership or Vessel

For those Radio Club members who are registered at another base and wish to transfer to Port Macquarie, you must arrange for your membership to be cancelled/transferred by your current base before your application can be processed by Port Macquarie. The system will not allow a vessel to be registered with a Radio Club in more than one base at any given time.

The same will apply when purchasing another vessel that is already registered with the Port Macquarie Radio Club. That registration must be cancelled by the owner selling the vessel, before the new owner can register the vessel in his/her name. Cancellation of the registration must be confirmed in writing or by email.

Month	Vessels Logged On	POB	Radio Calls	Search & Rescue Assists		Value of Assisted Vessels	Volunteer Hours (24/7)
Dec 2024	460	1208	360	0	7	\$372,000	1203
Jan 2025	232	738	367	1	8	\$180,000	1372

For the fiscal Year 2024, there were 12,933 Volunteer Hours, watching over 10,499 persons.

### January Leader Board (more than 2 logons)

	Count of	
Call Sign	Logons	
PM806		51
PM458		10
PM289		9
PM470		8
PM438		6
POPEY33		5
PM183		4
PM462		4
PM574		4
PM694		4
PM762		4
Enough Knot		3
no luck		3
Oddysey		3
Open Run		
About		3

**Statistics** 

	Count of	
Call Sign	Logons	
PM394		3
PM400		3
PM447		3
PM468		3
PM502		3
PM513		3
PM755		3



## Round 3: April 2025 Locations/Dates/Times

Collection Point/Travel Info	Date	Start	Finish
Northern Region Collections			
Tweed Heads Kennedy Drive Boat Ramp	Thursday, 17 April 2025	7:30	9:00
Brunswick Heads Boat Ramp, Brunswick Heads	Thursday, 17 April 2025	10.15	11.30
Fishery Creek Boat Ramp, Johnson Drive, off River Street, Ballina	Thursday, 17 April 2025	12.30	14.00
Evans Head Boat Ramp, Ocean Drive, Evans Head	Thursday, 17 April 2025	15.00	16.30
Spenser Street Boat Ramp, Iluka	Saturday, 19 April 2025	7:30	8:30
Yamba Road Boat Ramp, Yamba Road, Yamba	Saturday, 19 April 2025	9.30	11.30
Coffs Harbour Boat Ramp, Jordan Esplanade, Coffs Harbour	Saturday, 19 April 2025	13.30	16.00
Coffs Harbour Boat Ramp, Jordan Esplanade, Coffs Harbour	Sunday, 20 April 2025	7.30	9.00
Mattys Flat Boat Ramp, New Entrance Road, South West Rocks	Sunday, 20 April 2025	10.45	12.45
Westport Boat Ramp, Park Street, Port Macquarie	Sunday, 20 April 2025	14.15	16.15
North Haven Boat Ramp, Ocean Drive North Haven	Monday, 21 April 2025	7.30	9.00
Crowdy Head Boat Ramp, Crowdy Head Rd, Crowdy Head	Monday, 21 April 2025	10.15	11.45
Tuncurry Boat Ramp, Point Road Tuncurry (Opposite Vincent Fazio Park)	Monday, 21 April 2025	13.15	14.45
Teagardens Boat Ramp, Marine Drive, Teagardens (Opposite Tea Gardens Swimming Pool)	Monday, 21 April 2025	16.30	18:00
Little Beach Boat Ramp, Lighthouse Road, Little Beach	Thursday, 24 April 2025	7.30	9.00
Stockton North Boat Ramp, Fullerton Street, Stockton	Thursday, 24 April 2025	10.15	11.45
Carrington Boat Ramp, Pat Jordan Oval, Tully Street, Carrington	Thursday, 24 April 2025	12.30	14.00
Blacksmiths Boat Ramp, Ungala Road, Blacksmiths	Thursday, 24 April 2025	15.00	16.30
Norah Head boat ramp, Cabbage Tree Harbour, Bald Street, Norah Head	Friday, 25 April 2025	7:30	9:00
Terrigal Haven Boat Ramp, Off Terrigal Esplanade, Scenic Highway	Friday, 25 April 2025	10.15	11.45
Gosford Boat Ramp, Dane Drive, Gosford	Friday, 25 April 2025	12.30	14.00
Lions Park Boat Ramp, North Burge Road, Woy Woy	Friday, 25 April 2025	15.00	16.30
		North Contraction of	a10250.00%

## App Log On/Log Off

Thank you to all those Boaties who are using the App, and for remembering to Log Off when you're safely back home. The Marine Rescue NSW app can be downloaded free from the App Store for iOS devices and Google Play for Android devices. Search for 'Marine Rescue NSW'.

Not a Radio Club member yet? Join the club at:

https://www.marinerescueportmacquarie.com.au/pm-radio-club-member-new-membershipapplication/

or drop into the radio base.

### Charts

Fully laminated 30cm X 15cm charts which provide detail of the river and popular fishing spots off Port Macquarie including GPS coordinates are available from Town Beach Radio Room, between the hours of 0800 & 1600, at a cost of S10.

#### This Month's Dad's Joke

Two Wi Fi Engineers got married! "The Reception was Fantastic"



Until our next issue: HAPPY BOATING & STAY SAFE ON THE WATER Ron Francis Radio Club Officer